



Join us to learn about mental health in rural and remote communities

This half-day workshop is a great opportunity to learn about mental health and wellbeing as it specifically effects rural and remote communities. Delivered by people who know what it's like out here, Rural Minds is just good, solid information without the bull ... dust.

COMMUNITY WORKSHOP

Goolwa

Friday 01 December 2017

10am – 2.30pm. Goolwa Community Centre, 37a Gardiner Street Goolwa

Enquiries and RSVP: e: lukesmith@rrmh.com.au t: 0429 878 766



nabfoundation



Rural & Remote
Mental Health

 [facebook.com/RRMHRuralMinds](https://www.facebook.com/RRMHRuralMinds)

 twitter.com/RRMentalHealth

www.rrmh.com.au